"The heart forms itself according to what it loves."

BLESSED THERESA GERHARDINGER

THE WELL IN STADTAMHOF, BAVARIA, BEHIND BLESSED THERESA'S HOME

KAREN FERGUS AND HER GOAT, WILLOW

LISA DEMLER AND SISTER LUCY NIGH WITH SSND RALLY SIGNS

DODGE CENTER NATURE PRESERVE,TAKEN BY SISTER CATHERINE BERTRAND

GOALS

- Develop tools that encourage ongoing reflection of sustainable lifestyles and are actionable and purposeful for your situation.
  - For example, "house rules" for you, your community, and/or your department, created based on conversation and agreed participation.
- Utilize storytelling and personal experiences to make prayer, discussion, and action all the more impactful.
- Suggest and engage in prayer, activities, and oppotunities related to Season of Creation, the liturgical calendar, and United Nations Days as meaningful touchstones throughout the year.

REFLECTION QUESTIONS

- What place, creature, and/or experience brings me into deeper oneness with all creation?
- What is it that speaks to my heart, based on my lived experience?
- How am I invited to join with others in this moment?
- How can I/we awaken this love to act on behalf of the planet and all creation?

In year 5 of 7 of our commitment as a *Laudato Si'* Congregation, we will focus on sustainable lifestyles and advocacy. Join us!