

2024 Jubilee

First Profession • July 21, 1954

Celebrating 70 years



SISTER PATRICIA FROST, SSND

Sister Patricia Frost was born in Waterloo, Iowa, and professed first vows in 1954 in Mankato, Minnesota. Sister Patricia taught at St. John Ireland School, St. Peter, Minnesota (1954-56); St. Casimir School, Wells, Minnesota (1956-59); and at St. Anthony School, Lismore, Minnesota (1959-62). She earned a Bachelor of Science in chemistry and mathematics from the former Notre Dame College in St. Louis, in 1963. Sister Patricia taught at St. Mary School in New England, North Dakota (1963-67); and Grace High School in Fridley, Minnesota (1967-71). She earned a Master of Science in chemistry from Marquette University in Milwaukee, in 1970. Sister Patricia then served on the leadership council for the former Mankato Province (now Central Pacific Province) from 1971-75. She was then on the generalate staff in Rome, from 1975-82. Sister Patricia then served on the Justice, Peace and Integrity of Creation Commission for the International Union Superiors General, Rome, until 1985. In 1986, she returned to the United States, serving as the coordinator of cross-cultural services for SSND Interprovincial Services, Chicago, until 1991. In 1992, she went to the SSND offices in Kyoto, Japan, serving as a consultant to the Nepal and Japan regions. Sister Patricia then returned to Milwaukee, and served as the chancery for the Archdiocese of Milwaukee, Milwaukee (1992-95). In 1995, she again served on provincial council for the former Mankato Province, (now the Central Pacific Province), until 1998, when she returned to Rome, to again serve in leadership at the Generalate, until 2003. Sister Patricia then served as secretary for the District of Africa (2003-09). She then began ministry with temporary professed sisters, first in accompaniment (2009-11) and then as the director (2011-13). Sister Patricia served as the area co-coordinator for SSND associates at Our Lady of Good Counsel, Mankato, Minnesota (2016-20). More recently, she engaged in volunteer service and is serving in prayer and presence in Shakopee, Minnesota, where she currently resides.

A memory I have to share...

The memory that stands out for me at this moment, is the Millenium Program in the year 2000, held in Germany. Sisters gathered from all areas of the congregation to share and greet the Millenium together. Although there were fears in the general population of systems breakdowns, we were gathered in love and a desire to share the life of SSND. We recalled our history, our present and looked to the future from our international perspectives, but mostly, we celebrated the love that has moved us through the years.

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School Sisters of Notre Dame
Central Pacific Province