Sister Lalande was born in Marystown, Minnesota. She made her first profession in 1950 in Mankato, Minnesota. She has been a teacher, parish administrator and provincial councilor. Sister Lalande spent her first decade of teaching in Minnesota at SS. Peter and Paul, Mankato; St. Michael, St. Michael; and Holy Childhood, St. Paul. She then served Winona, Minnesota, diocesan schools during the 1960s including: St. Stanislaus, Winona; St. Felix, Wabasha; and St. Mary, Worthington, where she served as principal and later in parish ministry through 1974. Sister Lalande continued as a pastoral associate, serving again in St. Michael through 1980. Following two years in a similar ministry in Watertown, South Dakota, she served five years as a pastoral care director for the Archdiocese of St. Paul/Minneapolis. From 1987 through 1995, she ministered as a provincial councilor in the former Mankato Province. Sister Lalande returned to parish ministry from 1996 through 2002, serving the rural Winona diocesan parishes of St. Teresa, Mapleton; St. Matthew, Vernon Center; and St. Joseph, Good Thunder. Since then, she has served at St. John the Baptist Parish in Jordan, Minnesota, in a variety of pastoral and volunteer roles. Sister Lalande holds a bachelor’s degree in English from the College of St. Catherine in St. Paul. In 1971, she earned a master’s degree in elementary administration from Loras College in Dubuque, Iowa.

A memory I have to share...
In 1974, a Clinical Pastoral Education experience in a Presbyterian area broadened my understanding of religion. The empowerment of people strongly affected my ministry life. My community supported me in unique educational opportunities.

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