

Celebrating 60

First Profession—7/29/1960

Formerly Mary Lourdes

2020 Jubilee

Sister Judith Best, SSND

Sister Judith was born in Peoria, Illinois. She made her first profession in St. Louis in 1960. Sister Judith devoted most of her active ministry to teaching and spiritual direction. Her first two teaching assignments, commencing from 1962 to 1970, took her to Rosary and Rosati-Kain high schools in St. Louis. Throughout the 1970s, she served in spiritual direction at Notre Dame Hall in St. Louis, after which she returned to Rosati-Kain for one year. Following her mission to central Missouri, Sister Judith served as director of spiritual renewal of laity for the Diocese of Jefferson City through 1987. She accepted a leadership post as councilor for the former St. Louis Province, a role she held through 1991. She then was missioned to Notre Dame High School, teaching there through 1998. Turning to spiritual direction, Sister Judith served through 2005 in the towns of Lonedell, Missouri, and Washington, Missouri. She then began a period of congregational service, completing SSND heritage research. Since 2008, Sister Judith has served the congregation as a charism resource. She holds a bachelor's degree in history from the former Notre Dame College in St. Louis. She earned a master's degree in theology from the University of Notre Dame in South Bend, Indiana.



A memory I have to share...

As a history and religion teacher, I am grateful for all the students who have taught me, including the wider Earth community. Another gift, has been learning more about my beloved SSND community through coordinating the website Sturdyroots.org.

Join us in celebrating our Jubilarian sisters.
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School Sisters of Notre Dame
Central Pacific Province