Sister Helen was born in Little Rock, Arkansas. She made her first profession in St. Louis in 1960 and served for decades as a teacher and pastoral minister. Her first teaching assignments included: St. Paul High School in Highland, Illinois, from 1961 to 1962; St. Gerard Regional High School in San Antonio from 1962 to 1967; Sacred Heart in Morrilton, Arkansas, from 1967 to 1968; and Redemptorist Junior and Senior High School in Baton Rouge, Louisiana, from 1967 through 1970. Sister Helen devoted several years of ministry in Houston as provincial secretary, then served the congregation at the former Dallas province motherhouse from 1975 to 1980. She volunteered for a ministry in Parroquial San Francis in Rio Bravo, a seven-year assignment that concluded in 1987. Following brief posts in Chatawa, Mississippi, and San Antonio, Sister Helen returned to the staff at the Dallas motherhouse from 1990 through 1993. For the next 16 years, she devoted her ministry to chaplaincy and pastoral care at University Hospital in Little Rock and Rio Grande Regional Hospital in McAllen, Texas. From 2001 to 2018, she worked as retreat house director at St. Mary of the Pines in Chatawa, Mississippi. In 2019, Sister Helen moved to St. Anthony’s Gardens in Covington, Louisiana, serving part-time in congregational services and pastoral care. She holds bachelor’s and master’s degrees in music from the former Notre Dame College in St. Louis and North Texas State University in Denton. In 1992, Sister Helen completed a second master’s degree in religious studies from Incarnate Word College in San Antonio.

A memory I have to share...
I was part of the first group to move from Chatawa, Mississippi, to Covington, Louisiana. The move was challenging, but God has been with us and we continue our mission with others whose kindness and love are evident.

Join us in celebrating our Jubilarian sisters.

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