



School Sisters of Notre Dame  
Central Pacific Province

Transforming the world through education

**2018 Jubilee**

**Celebrating 50 years**  
*First Profession—7/29/1968*

## **Sister Regina Palacios, SSND**

*Sister Regina grew up in Corpus Christi, Texas and entered the School Sisters of Notre Dame in Dallas in 1966. She began her ministry in middle school education, serving four years at St. Elizabeth School in Dallas, followed by five years at Visitation of Our Lady in the New Orleans diocese. From 1979-1986, she served principal of Redemptorist Junior High in Baton Rouge, Louisiana. Sister Regina returned to Dallas in 1987, where she ministered in congregational service and as a diocesan educational consultant while preparing to become a licensed family therapist. She then worked for several years with Catholic Charities Counseling Services until the late 1990s. Following a missionary path, she spent seven years in San Marcos, Guatemala, in a human rights program for survivors of violence and then six years outside of Lima, Peru, as a family counselor. She returned to the U.S., and has continued full-time in youth counseling and therapy at St. Peter-St. Joseph (St. PJ's) Children's Home in San Antonio, Texas. Sister Regina holds a bachelor's in secondary education from the University of Dallas. She holds two master's in school administration and counseling/psychology from the University of North Texas-Denton.*



### *A memory I want to share...*

I learned that presence, love, a listening heart and being one with the people was more important than anything I had to say. And when I did speak, God somehow worked through my inadequacies.

Join us in celebrating our Jubilarian sisters.  
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