



School Sisters of Notre Dame
Central Pacific Province

Transforming the world through education

2018 Jubilee

Celebrating 50 years
First Profession—7/17/1968

Sister Mara Frundt (Province of Africa), SSND

Sister Mara began teaching Catholic grade school students in Minnesota, following her first profession of vows. She spent two years at St. Mary's in Shakopee, followed by a year of study at College of St. Benedict/St. John's University and then two years at St. Francis Xavier in Sartell. She then answered a call to missionary service in Africa. After arriving in Kenya on August 28, 1974, Sister Mara served through 1979 as a teacher at St. Francis Upgrading Centre in the Diocese of Kisii, followed by one year at St. Theresa's Girls' Secondary School in Gekano. After one year of study in 1980 at GABA Pastoral Institute in Eldoret, Kenya she spent a year living and working back home at Our Lady of Good Counsel, Mankato, Minnesota. She returned to Kenya in 1983 for pastoral ministry in adult literacy and catechesis in Loareng'ak in the Diocese of Lodwar, a post she held through 1986. Over the next two plus years, Sister Mara ministered at Katilu Catholic Mission. Following advanced studies in the U.S. from 1989-91, she served as cross-cultural mission coordinator for NAMA through 1994, when she undertook pastoral care of the elderly sisters at Our Lady of Good Counsel. Sister Mara returned to Kenya in late 1997, opening a new mission at St. Frances Catholic Parish, Kiptere, in the Diocese of Kericho. She also served as Director of Vocations/Affiliates during this period and in late 2002, assumed additional responsibilities for the Postulancy in Kisumu and became Director of the Temporary Professed sisters. In 2009, Sister Mara helped open Notre Dame Children's Outreach project in Nyalieng'a Parish in the Diocese of Homa Bay. She moved to Sunyani, Ghana, in 2011, to serve as Novice Director until August 2015, when she returned to Kenya in her current ministry of serving as Director of Postulants in Kisumu. Sister Mara holds a bachelor's degree in sociology from the College of St. Benedict in St. Joseph, Minnesota, and a Masters in Pastoral Studies in spirituality from Loyola University, Chicago.



A memory I want to share...

Our date of arrival in Kenya was August 28, the feast of St. Augustine. The congregation grew in both East and West Africa to form the Province of Africa. The birthday of the Province is August 28, 2011.

**Join us in celebrating our Jubilarian sisters.
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