

# 2015 Jubilee



First Profession  
July 11, 1955

## JUBILEE WISDOM

*"We have tried to  
be one with Jesus —  
persevering with patience,  
love and hope."*

- Helen Settersten  
SSND

- formerly S. Tarcisia

## Helen Settersten, SSND

60 Years

*Sister Helen served her early years as a grade school teacher and administrator in four states. Those two decades took her to Milwaukee, Wisconsin; Chicago, Illinois; Fort Wayne and Warsaw, Indiana; and Grand Rapids and Harbor Springs, Michigan. Following a sabbatical and short assignment in Freeport, Illinois, she returned to Michigan, serving at St. Vincent de Paul School in Shepherd through 1989. She turned attention to religious education, returning to Fort Wayne, Indiana and later moving to Beal City, Michigan. In 2003, she went back to Grand Rapids to help care for family members, a ministry she continues today. She earned a bachelor's in education from Mount Mary College in Milwaukee and a master's in elementary education from St. Francis College in Fort Wayne, Indiana.*

### A blessing of these years I want to share ...

During the 66 years since I entered the aspiranture of our congregation at the old Milwaukee motherhouse, there has been constant change in our community, church and world. We have faced many challenges and weathered difficult times. We have tried to be one with Jesus — persevering with patience, love and hope — doing our best to follow the wisdom and courage of our foundress, Blessed Theresa of Jesus Gerhardinger and our leader in America, Mother Caroline Friess.

### The words of wisdom I would like to share ...

My favorite quote from Scripture is Psalm 84:10 —

*"One day in your courts is better than a thousand elsewhere."*



School Sisters  
of Notre Dame  
Central Pacific Province