

# 2014 Jubilee



First Profession  
August 3, 1939

## JUBILEE WISDOM

*This is one of my  
favorite recipes.*

**-Rita Knittel, SSND**

*-formerly S. Paulinus*

## Rita Knittel, SSND

*75 Years*

**Sister Rita** served as a teacher for 51 years in St. Louis, Missouri; Cape Girardeau, Missouri; Jefferson City, Missouri; Belleville, Illinois; Freeburg, Illinois; Santa Fe Spring, California; San Diego, California; Tyler, Texas; and La Lima Nueva, Honduras. While in San Diego and Honduras, she served as principal and teacher. Of those 51 years, she taught for 20 years at Notre Dame High School, St. Louis. She then was a tutor at the former Notre Dame Learning Center in St. Louis for 11 years. She currently serves in the ministry of prayer and presence at The Sarah Community in Bridgeton, Missouri. She received her bachelor's in English from the former Le Clerc College in Illinois and a master's in education from San Diego State.

### I want to share...

#### A Recipe for the Rosary From Our Blessed Mother

- 1 Apostles' Creed
- 6 Our Father
- 53 Hail Mary's
- 5 Glory Be's
- 20 Mysteries of Faith extract  
(5 Joyful, 5 Luminous, 5 Sorrowful, 5 Glorious)
- 1 Hail Holy Queen

Blend first four ingredients. Alternately add five mysteries.  
Top with Hail Holy Queen. Serves any number.

This is one of my favorite recipes.

*(Found in one of Sister Rita's books.)*