



WE CAN COME TO YOU

Are you part of a group looking for a planned evening, day or weekend? Would your parish or an organization appreciate an inspirational presentation, an Advent or Lenten Day of prayer/reflection? There are times when facilitation of a staff day, board retreat or community experience may be helpful. Perhaps what you are looking for is a workshop or seminar on a particular topic. Let us help you plan and implement times like these. We can come to your site at a time mutually convenient.

TIME AND SPACE...

For peace and quiet

Sacred Space Ministry offers space for a day or days away. Find peace, honor your longings and celebrate your inner self in an atmosphere of tranquility. The beautiful chapel, spacious grounds and comfortable rooms complement your personal time to "just be." A spiritual director is available if desired. Time can be arranged for a few hours, a day, an overnight, or for a number of days.

PERSONALLY DIRECTED RETREAT

In a directed retreat one takes time to enter more deeply his/her spiritual journey. Through prayer, reflection, exercise, and sometimes creative expression the retreatant focuses on his/her personal relationship with self, God, others and all of creation. A spiritual director journeys with the retreatant, listens with care and offers suggestions for prayer and reflection. "Be still and know that I am God." – *Psalm 46:11* Hear this invitation of God who is always choosing you and loving you! A directed retreat can be arranged for any amount of time.

SPECIAL SEMINARS

Myers-Briggs Person Type Inventory (MBTI)

MBTI is a well-established and renowned tool that helps individuals identify their unique personality and how it affects all aspects of life. The MBTI seminar explores who we are, where we focus our energy, how we make decisions and a lot more. Whatever your personality type is, it affects all aspects of your life. Find out your type and how knowing more about it can help you in communicating with people, planning your future, and even getting to know yourself better.

The Enneagram

The Enneagram, an ancient wisdom tool, helps us as individuals to identify our unique "trap" and offers us insights and helps for growth in our life journey. It helps us understand our motivations and points to specific directions for our individual growth.

"The Enneagram can help us understand our fears and desires, strengths, and weaknesses, defenses and anxieties, how we react to frustration and disappointment – and more positively, what our truest capacities and greatest strengths are so that we can build on these rather than on misjudgments and illusions." – *Don Richard Riso*

School Sisters of Notre Dame

Sacred Space Ministry

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Sacred Space
MINISTRY



School Sisters of Notre Dame
Central Pacific Province



School Sisters of Notre Dame • Our Lady of Good Counsel Campus • 170 Good Counsel Drive • Mankato, Minnesota 56001-3138

Sacred Space MINISTRY

For All Seasons

Spiritual Direction

Welcome

WE WELCOME YOU

to the beautiful, serene environment of Our Lady of Good Counsel Campus. Experience a peaceful atmosphere for reflection and prayer; spacious grounds — sparkling in winter, resplendent in spring and summer, brilliant in fall — abundant gardens, walking paths and wooded areas.

Opportunities

OPPORTUNITIES FOR

- Quiet reflection and relaxation
- Spiritual direction/companionship
- Retreats, prayer days/weekends
- Evening reflections
- Seasonal presentations
- Seminars on various topics

SPIRITUAL DIRECTION

is a ministry of listening and companionship. It is a sacred time spent with the director and participant in which to pause and reflect on everyday life experiences in relation to self, others, creation and the Divine Mystery. Spiritual direction is for any one desiring to deepen their meaning and purpose in life. There is a sliding fee scale for this ministry.

Sister Mary Jo Welter and Sister Mary Kay Gosch are certified spiritual directors with many years of experience in the USA and Africa.

CONTACT

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Don't let financial constraints keep you away. Offer what you can.

Transforming the world through education



Photos by Sister Mary Kay Gosch, SSND